



COMMUNITY POLICE FORUM

MEERENSEE

SAFETY TIPS



Safety For Children

- Teach your children basic safety rules and to follow the rules and instructions well.
- Teach your children to trust the police and that they are their friends.
- Teach your children to only approach uniformed police officials and/or marked police cars.
- Teach your children never to accept a lift from strangers.
- Teach your children not to talk to adults they don't know.
- Teach your children never to accept sweets, money or ice cream from a stranger.
- Teach your children always to let you know where they are.
- Teach your children to avoid giving your home telephone number to strangers.
- Teach your children to walk to and from school and bus stops in groups.
- Teach your children to stay close to you, especially at swimming pools, beaches or busy shopping centres.
- Teach your children not to wonder off, to avoid lonely places, and not to take short—cuts through alleys or deserted areas.
- Teach your children not to hitchhike.

Home alone.....

- Children must be taught how to give directions to your home in case of emergency.
- Children must be taught to carry a house key with them in a safe place. Don't leave it under a mat or on a ledge outside the house.
- Children must be taught never to let a caller at the door or phone know that they are alone. Teach your children to say "Mom or Dad can't come to the phone or door right now".
- Children must be taught to keep the doors and windows locked.
- Children must know their parents' and the police's numbers
- Children must know their home street address.
- Children must know its OK to say "No" when they are faced with uncomfortable situations.

If Threatened or in an Emergency, Teach Children to Respond Appropriately.

- They should run away.
- They should yell loudly.
- They should tell you exactly what is happening.

Examples:

- Help, this is not my Dad or Mother.
- Help, I am being kidnapped.
- Help, call the police.